

## **Trinity Lunches January 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 31 – Jan. 4				Hard/Soft Taco PBJ meal Salad Bar Spanish Rice Applesauce Orange Slices Milk	Cheese or Pepperoni Pizza PBJ Meal Salad Bar Mixed Vegetables Peaches Grapes Milk
Jan 7-11	Chicken Tenders PBJ meal Salad Bar Mac & Cheese Orange Slices Yogurt Milk	Pancake w/Sausage PBJ meal Salad Bar Peaches Strawberries Milk	Nacho/Meat/Cheese PBJ meal Salad Bar Refried Beans Peaches Pears Milk	Mostacolli w/Breadstick PBJ meal Salad Bar Blueberries Orange Wedges Milk	Bosco Sticks/Marinara Sauce PBJ Meal Salad Bar Steamed Broccoli Pineapple Yogurt Milk
Jan. 14 - 18	Corn Dog PBJ meal Salad Bar Baked Beans Peaches Grapes Milk	Pizza Bagel PBJ meal Salad Bar Green Beans Pineapple Apple Slices Milk	Grilled Cheese/Tomato Soup PBJ meal Salad Bar Strawberries Peaches Milk	Waffle w/Sausage PBJ Meal Salad Bar Hashbrown Apple/Grape Juice Milk	Cheese or Pepperoni Pizza PBJ Meal Salad Bar Mixed Vegetables Pears Grapes Milk
Jan. 21 - 25	Chicken Patty/Bun PBJ meal Salad Bar Mac & Cheese Apple Slices Yogurt Milk	Walking Taco PBJ meal Salad Bar Refried Beans Pear Orange Slices Milk	Hot Dog w/bun PBJ meal Salad Bar Baked Beans Blueberries Raisins Milk	Salisbury Steak w/gravy PBJ meal Salad Bar Mashed Potatoes Pineapple Yogurt Milk	Bosco Sticks/Marinara Sauce PBJ Meal Salad Bar Steamed Broccoli Mixed Fruit Yogurt Milk

Choice of Entrees is in Bold print. A Salad Bar will be offered daily. It will consist of mixed greens w/assorted toppings (such as: cheese, chick peas and dressings), assorted vegetables (such as: broccoli, carrots, cherry tomatoes, cucumbers, celery, etc.) and fruits (canned and fresh). Whole Wheat Dinner Rolls and Goldfish Crackers offered daily. Milk choices include: Fat Free Chocolate, Fat Free Strawberry, 1% Unflavored PBJ meal includes: Peanut Butter & jelly uncrustable, string cheese and goldfish crackers.

This institution is an equal opportunity provider.